

## Strategic Planning Update 2016-2020

### EDUCATION AND AWARENESS

#### To raise public awareness of abuse in Renfrew County

##### Update:

BMH continues to work within the schools, completing presentations, groups and one to one work. Workshops scheduled at the McCann Centre, involving other social service agencies. Documentary entitled "Shame" completed and scheduled for release to the public by April 2020. Agency explored online contact. Currently engaging in texting and exploring online counselling.

### MENTAL HEALTH & ADDICTIONS

#### Develop and implement a plan for partnership and training with MH & Addictions

##### Update:

CMH and Addictions now utilizing space at BMH office, one half day per month. BMH worker and FCS worker to begin groups in February 2020, one half day per month. All permanent staff trained in MH/First Aid. Four staff completed Harm Reduction training in 2018., resulting in an internal Committee being established. Meeting with all Addiction Services (3) in Renfrew County in February 2020. Agency still pursuing Women's Addiction Treatment Home within Renfrew County.

### ACCESS FOR ALL

#### Offer select services to all BMH clients across Renfrew County (women, men and children/youth)

##### Update:

Review completed regarding gift cards, gift card guidelines etc. in October 2017. Surplus funds devoted to cover need areas, when possible, for clients accessing services. Binder regarding internet access within the County completed

### PROGRAMS FOR MEN

#### Expand programming for men in Renfrew County

##### Update:

Focus groups completed in 2018, including groups with men. Report is available on website. Still exploring options to providing services to men who are experiencing abuse, living in our community. Still revising policies and procedures to reflect inclusion of men experiencing abuse, within our services. More work to do in this area. Currently provide services to men on the Support Line and through the Family Court Support Program, as well as Caring Dads Program.

### INFORMED CHOICES

#### To provide resources to help women make informed choices and meet their basic needs

##### Update:

Continue to work closely with Renfrew County Housing, Landlords etc. Toolkit developed to assist clients in becoming more aware of supports in the community, enabling them to make more informed choices. Brochure and toolkit completed in September 2017. Ten staff completed training in Journey Mapping in 2017. County Service Providers were also trained in 2018, and ED's of East Region Shelters trained in 2019. To date seven Journey Maps have been completed since refresher in 2019. Once BMH has completed more journey maps, the results will be posted on the website. Participants names will remain anonymous.